



VOLUNTEERING WITH THE FRAIL AGED

Date: _____

Time: _____

Agenda

9.00 am	Welcome, Housekeeping, Traditional Welcome and Introductions Ice Breaker:
9.05 am	What do you expect to get out of today's workshop?
9.10 am	Workshop Objectives What we will cover and what we will not cover
9.13 am	Attitudes to Ageing
9.22 am	Positive Effects of Ageing
9.27 am	Obvious signs of Ageing
9.37 am	Changes in Abilities as we age
9.50 am	Communication Skills for working with the Frail Aged Handouts
	BREAK
10.30 am	Communication Skills (cont) Confidentiality Issues Case Studies
10.50 am	Keeping People Safe - focus on behaviour
11.00 am	Dealing with Memory Loss Handout Further support
11.30 am	Video/DVD
11.45 am	Workshop Evaluation Resources
12 noon	Close